

# COURSES FOR DIRECT CARE PROFESSIONALS

## JULY - DECEMBER, 2017



MCD Communities provides the comprehensive training your employees need to be effective in their direct care roles. Each year, we train more than 1500 people in four Maine locations to provide direct care in programs throughout central and southern Maine.

### Certified Residential Medication Aide (CRMA)

\$300, 40 hours, 5-day course, 8:30am-5pm; Add \$80 for supervised medication administration (scheduled separately)

Teaches the skills needed for safe medication administration and covers State of Maine regulations, common medications and side effects, and basic anatomy and physiology. Participants may choose to add supervised Medication Administration provided by an RN and needed to obtain the certification.

#### Augusta Training Center

July 7,10,12,13,17  
Sept 6,7,11,12,14  
Oct 31, Nov 1,3,6,8

#### Biddeford Training Center

July 11,12,14,17,19  
Aug 1,2,4,7,9  
Sept 12,13,15,18,20  
Oct 12,13,16,17,19  
Nov 8,9,13,14,16  
Dec 12,13,15,18,20

#### Norway Training Center

Aug 15,16,18,21,23  
Sept 19,20,22,25,27  
Nov 13,15,17,20,22

#### Skowhegan Training Center

Aug 2,3,7,8,10  
Oct 19,20,23,25,27  
Dec 6,7,11,12,14

### Certified Residential Medication Aide (CRMA)

#### Optional Study Group and Recertification Exam

Two days: Exam plus study group \$125; One day: Exam only \$85. Day 1-study group, 8:30am-12:00pm; Day 2-exam, 8:30am-2:30pm

The exam is offered to participants with a current CRMA certification. The optional study group meets on a day prior to the exam.

#### Augusta Training Center

Aug 23,25  
Oct 5,10  
Dec 19,20

#### Biddeford Training Center

July 26,28  
Sept 25,27  
Nov 27,29

#### Norway Training Center

July 18, 19  
Aug 29,30  
Oct 3,4  
Dec 4,5

#### Skowhegan Training Center

July 24,26  
Sept 28, Oct 2  
Nov 29,30

### Personal Support Specialist

\$325, 48 hours, 6-day course, 8:30am-5pm

The course offers the training needed to provide direct care for individuals living in a residential care facility.

#### Biddeford Training Center

July 18,20,21,24,25,27

#### Sept 19,21,22,26,28,29

Oct 30,31 Nov 2,3,6,7

### Training Locations

Augusta - 11 Parkwood Drive  
Biddeford - 25 Amherst Street  
Norway - 245 Main Street  
Skowhegan - 54 High Street

### Contact

Sharon Wyman  
Training Coordinator  
(207) 622-7566 x-240  
training@mcdcommunities.org

### American Heart Association CPR & First Aid

\$85, 8:30am-12:30pm

**MORE CLASSES ADDED!**

A video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services arrives. Instructors observe student practice and guide students' learning of skills.

#### Augusta Training Center

Aug 10  
Oct 12  
Dec 7

#### Biddeford Training Center

July 13  
Aug 17  
Sept 14  
Oct 3  
Nov 30  
Dec 5

#### Norway Training Center

July 12  
Aug 9  
Sept 13  
Oct 11  
Nov 8  
Dec 13

#### Skowhegan Training Center

July 6  
Aug 24  
Sept 27  
Oct 24  
Nov 3  
Dec 21

### Direct Support Professional Certificate

**NEW CLASS!**

\$100, 8:30am-4:00pm

Two-day live course needed to complete the DSP certificate. Instruction covers all material required by the Maine standard in a participatory, highly interactive environment. Call for pricing to add the administration of the online modules or for more information about providing complete DSP training in your location, including weekly progress monitoring.

#### Augusta Training Center

July 26,27  
Aug 22,23  
Sept 19,20

Oct 25,26  
Nov 6,7  
Dec 14,15

### Diabetic Certification

\$75, 2:00-4:30pm

This certification course meets Maine assisted housing licensing standards and covers dietary requirements, anti-diabetic oral medications, injection techniques and site rotation, treatment and prevention of insulin reaction including signs/symptoms, foot care, and Standard Precautions.

#### Augusta Training Center

Aug 23  
Oct 5  
Dec 19

#### Biddeford Training Center

July 26  
Sept 25  
Nov 27

#### Norway Training Center

July 18  
Aug 29  
Oct 3  
Dec 4

#### Skowhegan Training Center

July 24  
Sept 28  
Nov 29

Register online at [mcdcommunities.org/training.asp](http://mcdcommunities.org/training.asp)

# MCD Communities Training Division

## The Classes We Teach

- ▶ American Heart Association CPR & First Aid
- ▶ CRMA 5-Day (more sessions added!)
- ▶ CRMA Recertification Exam With Optional Study Group
- ▶ Diabetes Certification
- ▶ Direct Support Professional (DSP)
- ▶ Personal Support Specialist

*Course times may be subject to change.  
Please check our website for the latest schedule.*

## NEW for the Direct Support Professional

- ▶ We've added more First Aid/CPR classes to help you meet the new State of Maine DSP requirements.
- ▶ DSP live classes added.
- ▶ Contact us to administer your College of Direct Support training!

## Training Coordinators

- ▶ Ask us about providing training at your location.
- ▶ We offer discounts for groups!

## COURSES FOR DIRECT CARE PROFESSIONALS JULY - DECEMBER, 2017

### Training Center Locations

Augusta - 11 Parkwood Drive  
Biddeford - 25 Amherst Street  
Norway - 245 Main Street  
Skowhegan - 54 High Street



**Register online at [mcdcommunities.org/training.asp](http://mcdcommunities.org/training.asp)**

MCD Communities  
869 Main Street Suite 600  
Westbrook, Maine 04092