
COURSES FOR DIRECT CARE PROFESSIONALS

JANUARY - JUNE 2017



**MCD
Communities**

Connecting people & possibilities

MCDCOMMUNITIES.ORG

Certified Residential Medication Aide (CRMA)

\$300, 40 hours, 5-day course, 8:30am-5pm; Add \$75 for supervised medication administration (scheduled separately)

This course teaches the skills needed for safe medication administration in a state certified residential care facility and covers State of Maine regulations, common medications and side effects, and basic anatomy and physiology. Participants may choose to add the supervised Medication Administration option which is provided by an RN at one of our assisted living facilities and needed to obtain the certification.

Augusta Training Center

Jan 3, 4, 6, 9, 11
Mar 13-14, 16, 20, 22
May 2, 4, 8, 9, 11

Biddeford Training Center

Jan 23, 24, 26, 30, 31
Feb 27-28 Mar 2, 6, 8
Mar 13,14,17, 22, 24
April 11, 12, 17, 18, 20
May 2, 3, 5, 8, 10
June 8, 9, 12, 13, 15

Norway Training Center

Jan 11, 13, 18, 20, 27
Mar 15, 17, 24, 29, 31
April 14, 19, 21, 26, 28
May 10, 12, 15, 17, 19
June 14, 16, 19, 21, 23

Skowhegan Training Center

Feb 8-9, 13-14, 16
April 3, 5, 7, 10, 12
June 5, 7, 9, 13, 15

Certified Residential Medication Aide (CRMA) Recertification Exam and Optional Study Group

Two days: Exam plus study group \$125; One day: Exam only \$85.
Day 1-study group, 8:30am-12:00pm; Day 2-exam, 8:30am-2:30pm

The exam is offered to participants with a current CRMA certification. Participants may choose to participate in a study group that meets prior to the exam or just take the exam.

Augusta Training Center

Date: Study/Exam
Jan 30/ Feb 1
Mar 1/Mar 3
April 6/April 11
June 1/June 2

Biddeford Training Center

Date: Study/Exam
Jan 4/Jan 5
Mar 15/Mar 16
May 11/May 12

Norway Training Center

Date: Study/Exam
Jan 6/Jan 9
Mar 8/Mar 10
April 7/April 12
May 3/May 5
June 5/June 6

Skowhegan Training Center

Date: Study/Exam
Mar 6/Mar 8
April 26/April 27
May 22/May 24

Personal Support Specialist

\$325, 48 hours, 6-day course, 8:30am-5pm

The course offers the training needed to provide direct care for individuals living in a residential care facility and is a great way to start your career in healthcare. Our instructors are licensed by the State of Maine and the course is taught live.

Biddeford Training Center

Jan 9, 10, 12, 16, 17, 19
March 20, 21, 23, 27, 28, 30
May 15, 16, 18, 22, 23, 25

Norway Training Center

Feb 3, 10, 17, 22, 24, March 1

American Heart Association CPR & First Aid

First Aid, \$65 - 8:30am-11:30am; CPR, \$35, 11:30am-12:30pm

These two classes are offered together on each of the following days. Choose one or two.

Augusta Training Center

March 3
June 14

Norway Training Center

Jan 23
Feb 7
March 6
April 24
June 12

Skowhegan Training Center

Jan 6
Feb 27
March 22
April 13
May 5
June 28

Diabetic Certification

\$75, 2.5 hours

This certification course meets Maine assisted housing licensing standards and covers dietary requirements, anti-diabetic oral medications, insulin mixing, action, and storage, injection techniques and site rotation, treatment and prevention of insulin reaction including signs/symptoms, foot care, lab testing, urine testing, blood glucose monitoring and Standard Precautions. This class is offered on the same day as the Bloodborne Pathogens trainings for your convenience.

Augusta Training Center

Jan 30 - 2-4:30pm
March 1 - 2-4:30pm
April 6 - 2-4:30pm
June 1 - 2-4:30pm

Biddeford Training Center

Jan 4 - 2-4:30pm
Feb 13 - 9:30-12pm
March 15 - 2-4:30pm
April 10 - 9:30-12pm
May 11 - 2-4:30pm
June 2 - 9:30-12pm

Norway Training Center

Jan 16 - 2-4:30pm
March 8 - 2-4:30pm
April 7 - 2-4:30pm
May 3 - 2-4:30pm
June 5 - 2-4:30pm

Skowhegan Training Center

Jan 10 - 9:30-12pm
March 6 - 2-4:30pm
April 26 - 2-4:30pm
May 22 - 2-4:30pm
June 26 - 9:30-12pm

American Heart Association Bloodborne Pathogens

\$25, 1 hours, 12:30-1:30pm

This course provides participants with an understanding of the intent of the Bloodborne Pathogens Occupational Safety and Health Administration (OSHA) regulation, including how bloodborne pathogens are spread; precautions to prevent exposure incidents; and how to recognize, report and follow up on exposure to infectious materials. This class is offered on the same day as the Diabetic Certification course for your convenience.

Augusta Training Center

Jan 30
March 1
April 6
June 1

Biddeford Training Center

Jan 4
Feb 13
March 15
April 10
May 11
June 2

Norway Training Center

Jan 16
March 8
April 7
May 3
June 5

Skowhegan Training Center

Jan 10
March 6
April 26
May 22
June 26

Training Center Locations

Augusta - 11 Parkwood Drive
Biddeford - 25 Amherst Street
Skowhegan - 52 High Street
Norway - 245 Main Street

Contact

(207) 622-7566 x-240
training@mcdcommunities.org

Register online at
mcdcommunities.org/training.asp

*Course dates and times may be subject to change.
Please check our website for the latest schedule.*

MCD Communities Training Division,

offers training and certification to health care and human services professionals through a network of professional training centers located around Maine.

Every year, we train over 1500 professionals employed in direct care industries across the state. In addition to the courses offered here, we work with organizations to customize training offerings to meet their unique needs.

We believe that quality training is the foundation that promotes excellent care and drives best practices. Our goal is to deliver courses that are valuable, relevant, and accessible for the professional development and career advancement of individuals in the health care and social service fields.

The Classes We Teach

- ▶ American Heart Association CPR & First Aid (Adult)
- ▶ CRMA 5-Day
- ▶ CRMA Recertification Exam With Optional Study Group
- ▶ Diabetes Certification
- ▶ American Heart Association Bloodborne Pathogens
- ▶ Personal Support Specialist

Training Coordinators

Ask us about providing training at your location.

We offer discounts for groups!

Contact

(207) 622-7566 x-240
training@mcdcommunities.org

Training Center Locations

Augusta - 11 Parkwood Drive
Biddeford - 25 Amherst Street

Norway - 245 Main Street
Skowhegan - 54 High Street

Register online at
mcdcommunities.org/training.asp

*Courses times may be subject to change.
Please check our website for the latest schedule.*